

Kennedy Krieger Institute
 Braden Scale for Predicting Pressure Sore Risk

KKI 12-19-03 147071000
 AL YASIN, HAYA
 JHM
 6/09/03 X F 03
 770778

Patient's Name Haya Alyasin

Evaluator's Name _____

Date of Assessment _____

	1-Completely Limited Unresponsive (does not moan, flinch, or grasp) to painful stimuli, due to diminished level of consciousness or sedation. OR Limited ability to feel pain over most of body	2-Very Limited Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness OR Has a sensory impairment which limits the ability to feel pain or discomfort over 1/2 of body	3-Slightly Limited Responds only to verbal commands, but cannot always communicate discomfort or the need to be turned OR Has some sensory impairment which limits ability to feel pain or discomfort in 1-2 extremities	4-No Impairment Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.
SENSORY PERCEPTION Ability to respond meaningfully to pressure related discomfort	1-Constantly Moist Skin is kept moist almost constantly by perspiration, urine, etc. Dampness is detected every time patient is moved or turned	2-Very Moist Skin is often, but not always moist. Linen must be changed at least once a shift	3-Occasionally Moist Skin is occasionally moist, requiring an extra linen change approximately once a day.	4-Rarely Moist Skin is usually dry, linen requires changing at routine intervals.
ACTIVITY Degree of physical activity	1-Bedfast Confined to bed	2-Chairfast Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3-Walks Occasionally Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4-Walks Frequently Walks outside room at least twice a day and inside room at least once every 2 hours during waking hours.
MOBILITY Ability to change and control body position	1-Completely Immobile Does not make even slight changes in body or extremity position without assistance.	2-Very Limited Makes occasional slight changes in body or extremity position but unable to make frequent or significant changes independently.	3-Slightly Limited Makes frequent though slight changes on body or extremity position independently.	4-No Limitation Makes major and frequent changes on position without assistance.

3

4

3

4

Braden Scale for Predicting Pressure Sore Risk

KKI 12-19-03
AL YASIN, HAYA
JUH
6/09/02 X F
1/07/06

NUTRITION	1-Very Poor	2-Probably Adequate	3-Adequate	4-Excellent
Usual food intake pattern	Never eats a complete meal. Rarely eats more than 1/3 of any food offered. Eats 2 servings or less of protein per day. Takes fluids poorly. Does not take a liquid dietary supplement. OR Is NPO and/or maintained on clear liquids or IV's for more than 5 days.	Rarely eats a complete meal and generally eats only about 1/2 of any food offered. Protein intake includes on 3 servings per day. Occasionally will take a dietary supplement. OR Receives less than optimum amount of liquid diet or tube feeding.	Eats over half of most meals. Eats a total of 4 servings of protein per day. Occasionally will refuse a meal, but will usually take a supplement when offered. OR Is on a tube feeding or TPN regimen, which probably meets most of nutritional needs.	Eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of protein per day. Occasionally eats between meals. Does not require supplementation.
FRICTION & SHEAR	1-Problem Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance. Spasticity, contractures or agitation leads to almost constant friction.	2-Potential Problem Moves feebly or requires minimum assistance. During a move skin probably slides to some extent against sheets, chair, restraints or other devices. Maintains relatively good position in chair or bed most of the time but occasionally slides down.	3-No Apparent Problem Moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair.	

SCORING 19-23=not at risk 15-18=at risk 13-14=moderate risk 10-12=high risk 9 or lower=very high risk

Total Score: 21