

Date of Appointment: 7/24/08

Present for Appointment:

Patient Mother Father Sibling Grandparent Home Nurse
 Other: Home Nanny

Diagnoses/Problem List: New onset epilepsy. Global developmental delays. Parents express concerns related to Haya's slow development secondary to resection of brain tumor in 2005.

Appointment Time: 2:40pm – 3:40pm

Pain Information: No pain expressed

Chief Complaint/Reason for Visit: Haya is a 5-year old girl seen today for a weekly outpatient OT appointment since her recent discharge from inpatient evaluation and treatment 7/7/08 through 7/9/08. Haya is currently receiving weekly continued outpatient PT and SLP intervention for global developmental delays. Outpatient occupational therapy intervention is recommended two times weekly to continue to work on improving posture/ trunk control, ADL tasks, upper extremity functioning, and developmental play skills.

New Concerns/Visit Comments: No new concerns or comments made during today's session. Both Haya's father and Nanny participated in session activities today. This therapist reported to Mr. Al Yasin that she will be present for Team Steering on 7/29/08 in order to report her findings and recommendations for Haya's care.

Interventions:

Multi-sensory motor processing:

- Tactile processing
- Movement processing
- Motor planning/body awareness
- Joint compression/heavy work
- Auditory/Visual processing
- Sequenced motor actions
- Attention
- Self-Regulation
- Sensory Defensiveness

Fine Motor:

- Grasp/Prehension
- Hand Dominance
- In-hand manipulation
- Speed/Dexterity
- Tool use
- Isolated control
- Bilateral integration
- Eye-hand coordination
- Handwriting

Visual:

- Visual attention/focus/tracking
- Visual perception
- Visual motor integration

Neurodevelopmental:

- Postural control
- Play skills
- Reaching
- Range of Motion
- Strength
- Proximal Stability
- Modalities

Self-Help/Self-Care:

- Self-care
- Oral Motor
- Non-nutritive
- Nutritive
- Community Living Skills

Adaptive Equipment:

- Splinting/Orthotics
- Positioning/Seating
- Wheelchair training

Other:

- Re-evaluation
- Caregiver/patient training
- Other-List:

Patient/Caregiver Training:

Training was given on: Review of activity plan for Haya's upcoming sessions; shared rationale for handling, sensory, and play activities presented today- to work on improving postural control, increase tolerance for sensory input, and improve developmental grasp and play abilities. Family was provided with education regarding activities to increase Haya's grasp and pinch strength. Family continued to be provided with education regarding incorporation of basic self-care skills within the home in order to increase Haya's independence.

Through:

Verbal instruction Handout Demonstration

Patient/Caregiver:

Expressed verbal understanding Satisfactorily returned demonstration
 Initially expressed verbal understanding

GOALS	STATUS	% MET
Long Term #1: Improve overall postural control and developmental positioning.		
Objective: Haya will tolerate positioning in quadruped for at least 20 seconds with supervision provided only while participating in developmental play activities.	O	50%
Objective: Haya will actively reach for a toy/ food out of her base of support (approximately 10 inches or 1 foot away from her body) x3 without loss of balance noted.	N/A	N/A
<ul style="list-style-type: none"> Progress Toward Goal: During today's session, Haya tolerated platform swing, with spontaneous back/forth propulsion of the swing noted. During the task, Haya was noted to spontaneously grasp the ropes with bilateral upper extremities, without a physical cue provided 50% of the time. When placed prone upon the swing, Haya was noted to push up onto elbow extension, even using bilateral upper extremities to crawl off the swing without support. A quadruped positioning was noted for 10 seconds without physical assistance provided, as Haya was attempting to stand. During table top tasks, Haya required consistent repositioning by therapist in order to maintain a seated position within a pre-school chair without support due to continuous posterior pelvic tilt noted throughout the task. 		
Long Term #2: Improve overall Activities of Daily Living		
Objective: Haya will demonstrate self-feeding of a	O	50%

pureed snack (approximately 3 ounces) with an adaptive spoon with minimal assistance provided.

Objective: Haya will doff both socks when provided with an initial prompt x1 during 1 therapy session.

N/A

N/A

- Progress Toward Goal:** During a snack activity, Haya was placed on a pre-school chair and placed in front of a pre-school table in order to perform self feeding. When provided with pudding and initial scooping of food, Haya demonstrated a complete spoon to mouth pattern x6. Hand-over-hand assistance was provided for scooping of food; however, Haya was noted to spontaneously scoop (placing spoon within pudding lightly) with a verbal cue provided. The "Easy Eater" angled spoon was used throughout the whole sessions. A loose gross grasp continued to be used during self-feeding tasks. Haya demonstrated an inferior pincer grasp was noted x4 in order to grasp a food item from a table top with her right hand. No reaching for food items was initiated throughout the snack.

Long Term #3: Improve bilateral upper extremity functioning.

Objective: Haya will maintain grasp of an object/toy for approximately 5-10 seconds without spontaneous release and physical assistance provided.

O

75%

Objective: Haya will demonstrate reaching for a toy/ object with approximately 60 degrees of shoulder flexion or more x2 during 1 OT session.

O

50%

- Progress Toward Goal:** During today's session, Haya demonstrated variable performance during bilateral upper extremity tasks. During swinging, Haya demonstrated ability to hold onto a rope of the swing with a gross grasp for approximately 10 seconds at a time. Improved grasp was noted during self-feeding with her left upper extremity, as minimal to no dropping of the feeding utensil was noted. Although spontaneous grasp was noted throughout functional activities, Haya required hand-over-hand assistance for basic play activities, including maintaining grasp of puzzle pieces, using a pre-school marker to

draw pre-handwriting strokes, turning pages within a book, etc. A gross grasp was used primarily during functional activities; however a spontaneous inferior pincer grasp was noted (right more than left) when provided with small pieces of cookie.		
Minimal shoulder flexion was noted during play tasks today; however, Haya was noted to reach for a toy with approximately 90 degrees of shoulder flexion x1.		

Summary/ Assessment: Four out of six objectives continue to be addressed during today's outpatient appointment. During today's session, Haya demonstrated variable participation throughout each therapeutic activity, requiring variable amounts of assistance throughout the session. However, due to preferred task of self-feeding, Haya was noted to require only minimal cues to perform the activity. Throughout the session, Haya demonstrated variable bilateral upper extremity functioning and reach with physical prompts provided, requiring hand-over-hand assistance in order to initiate reaching. Although Haya continues to require physical intervention for bilateral upper extremity functioning, she continues to tolerate and demonstrate improved upper extremity strength and weight bearing during postural activities. Haya continues to benefit from outpatient OT to improve the areas upon which goals are focused.

Recommendations/ Plan: Continue weekly outpatient OT to address impairments reported within this visit summary note. Plan for family to incorporate self-care skills within Haya's daily schedule in order to increase her independence with tasks stated above. Plan for this therapist to order bilateral Benik splints as well as attend Team Steering Meeting on 7/29/08 at 2:00pm. Next visit: Appt. will be coordinated for Tuesday 7/29/08 with Jennifer Vance, MOTR/L, at 1:00pm for 60-minute time period.

STATUS KEY A: Achieved O: Ongoing E: Emerging D: Discontinued NA: Not addressed

Signature: This visit note was electronically signed by Jennifer Vance, MOTR/L
 State License # 05831
 Date: 07/29/2008 at 8:56 AM