

Date of Appointment: 7/22/08

Present for Appointment:

Patient Mother Father Sibling Grandparent Home Nurse
 Other: Home Nanny

Diagnoses/Problem List: New onset epilepsy. Global developmental delays. Parents express concerns related to Haya's slow development secondary to resection of brain tumor in 2005.

Appointment Time: 2:40pm – 3:40pm

Pain Information: No pain expressed

Chief Complaint/Reason for Visit: Haya is a 5-year old girl seen today for a weekly outpatient OT appointment since her recent discharge from inpatient evaluation and treatment 7/7/08 through 7/9/08. Haya is currently receiving weekly continued outpatient PT and SLP intervention for global developmental delays. Outpatient occupational therapy intervention is recommended two times weekly to continue to work on improving posture/ trunk control, ADL tasks, upper extremity functioning, and developmental play skills. New objective addressing self-care of clothing management to be initiated and found within Long Term Goal #2 below.

New Concerns/Visit Comments: Haya's parents report concerns of payment of Benik splints and would like splints to be submitted for approval. Parents continue to express interest in new techniques and ADL tasks to implement within their home recommendations. Both Haya's father and Nanny participated in session activities today.

Interventions:

Multi-sensory motor processing:

- Tactile processing
- Movement processing
- Motor planning/body awareness
- Joint compression/heavy work
- Auditory/Visual processing
- Sequenced motor actions
- Attention
- Self-Regulation
- Sensory Defensiveness

Fine Motor:

- Grasp/Prehension
- Hand Dominance
- In-hand manipulation
- Speed/Dexterity
- Tool use
- Isolated control
- Bilateral integration
- Eye-hand coordination
- Handwriting

Neurodevelopmental:

- Postural control
- Play skills
- Reaching
- Range of Motion
- Strength
- Proximal Stability
- Modalities

Self-Help/Self-Care:

- Self-care
- Oral Motor
- Non-nutritive
- Nutritive
- Community Living Skills

Adaptive Equipment:

- Splinting/Orthotics
- Positioning/Seating
- Wheelchair training

Visual:

- Visual attention/focus/tracking
- Visual perception
- Visual motor integration

Other:

- Re-evaluation
- Caregiver/patient training
- Other-List:

Patient/Caregiver Training:

Training was given on: Review of activity plan for Haya's upcoming sessions; shared rationale for handling, sensory, and play activities presented today- to work on improving postural control, increase tolerance for sensory input, and improve developmental grasp and play abilities. Family was provided with education regarding kinesiotape application and care of tape at home. Family was also provided with input regarding incorporation of basic self-care skills within the home in order to increase Haya's independence.

Through:

- Verbal instruction
- Handout
- Demonstration

Patient/Caregiver:

- Expressed verbal understanding
- Satisfactorily returned demonstration
- Initially expressed verbal understanding

GOALS	STATUS	% MET
Long Term #1: Improve overall postural control and developmental positioning.		
Objective: Haya will tolerate positioning in quadruped for at least 20 seconds with supervision provided only while participating in developmental play activities.	O	25%
Objective: Haya will actively reach for a toy/ food out of her base of support (approximately 10 inches or 1 foot away from her body) x3 without loss of balance noted.	O	75%
<ul style="list-style-type: none"> • Progress Towards Goal: During propulsion on a swing, Haya was noted to initiate back/forth movement on a swing. Spontaneous reaching was noted in order to grasp the ropes on the swing with a physical prompt provided x2. While lying in prone, Haya tolerated hand-over-hand assistance in order to weight bear on bilateral upper extremities to propel the swing. Limited active weight bearing was noted during the activity, requiring repositioning by therapist every 4-5 pushes on the swing. 		
Long Term #2: Improve overall Activities of Daily Living		
Objective: Haya will demonstrate self-feeding of a pureed snack	O	25%

(approximately 3 ounces) with an adaptive spoon with minimal assistance provided.		
Objective: Haya will doff both socks when provided with an initial prompt x1 during 1 therapy session.	N/A	N/A
<ul style="list-style-type: none"> Progress Toward Goal: During a snack activity, Haya was placed on a pre-school chair and placed in front of a pre-school table in order to perform self feeding. When provided with pudding and initial scooping of food, Haya demonstrated a complete spoon to mouth pattern x5. Various spoons were used including an "Easy Eater" adaptive angled spoon and standard pre-school spoon with built-up handle. A loose gross grasp was noted upon the spoon in order to Haya to self-feed. An inferior pincer grasp was noted x3 in order to grasp a food item from a table top with her right hand. 		
Long Term #3: Improve bilateral upper extremity functioning.		
Objective: Haya will maintain grasp of an object/ toy for approximately 5-10 seconds without spontaneous release and physical assistance provided.	O	50%
Objective: Haya will bring her bilateral upper extremities to midline x4 (banging toys, clapping) during 1 session.	A	100%
Objective: Haya will demonstrate reaching for a toy/ object with approximately 60 degrees of shoulder flexion or more x2 during 1 OT session.	O	50%
<ul style="list-style-type: none"> Progress Towards Goal: During upper extremity functioning tasks, Haya was noted to demonstrate a normal reaching pattern approximately 45- 60 degrees of shoulder flexion in order to reach for reflection within the mirror. During singing, Haya was noted to mimic therapist's bilateral upper extremity movements with minimal assistance provided. During sensory play, Haya was noted to bring hands to midline x4 spontaneously with sensory play. At end of the session, this therapist placed kinesiotape at bilateral wrist and finger extensors to assist with bilateral wrist and finger extension. Spontaneous wrist extension was noted throughout functional tasks; however, hands maintained a resting neutral position, requiring minimal assistance to maintain grasping of objects. 		

Summary/ Assessment: Six out of seven objectives continue to be addressed during today's outpatient appointment. One out of seven goals were achieved. During today's session, Haya demonstrated increased participation throughout each therapeutic activity. Within the session, Haya demonstrated ability to perform basic self-care skills not addressed at home. Anticipate that with mass practice, Haya will continue to improve her basic ADL skills and increase independence. Throughout the session,

Haya demonstrated increased bilateral upper extremity functioning and reach with physical prompts provided. Although Haya is noted to continue to maintain a neutral wrist positioning, requiring physical assistance in order to maintain grasp, she has demonstrated increased frequency of reaching during functional activities. Haya continues to benefit from outpatient OT to improve the areas upon which goals are focused.

Recommendations/ Plan: Continue weekly outpatient OT to address impairments reported within this visit summary note. Plan for family to incorporate self-care skills within Haya's daily schedule in order to increase her independence with tasks stated above. Next visit: Appt. will be coordinated for Thursday 7/24/08 with Jennifer Vance, MOTR/L, at 2:30pm for 60-minute time period.

STATUS KEY A: Achieved O: Ongoing E: Emerging D: Discontinued NA: Not addressed

Signature: This visit note was electronically signed by Jennifer Vance, MOTR/L
State License # 05831
Date: 07/28/2008 at 8:42 PM