

**Date of Appointment:** 7/18/08

**Present for Appointment:**

Patient  Mother  Father  Sibling  Grandparent  Home Nurse  
 Other: Home Nanny

**Diagnoses/Problem List:** New onset epilepsy. Global developmental delays. Parents express concerns related to Haya's slow development secondary to resection of brain tumor in 2005.

**Appointment Time:** 1:00pm – 2:00pm

**Pain Information:** No pain expressed

**Chief Complaint/Reason for Visit:** Haya is a 5-year old girl seen today for a weekly outpatient OT appointment since her recent discharge from inpatient evaluation and treatment 7/7/08 through 7/9/08. Haya is currently receiving weekly continued outpatient PT and SLP intervention for global developmental delays. Outpatient occupational therapy intervention is recommended two times weekly to continue to work on improving posture/ trunk control, ADL tasks, upper extremity functioning, and developmental play skills.

**New Concerns/Visit Comments:** Haya's parents report that they would like Haya to improve the resting positioning of her bilateral wrists and finger. Parents continue to express interest in kinesiotaping of bilateral wrists into extension. Both Haya's father and Nanny participated in session activities today.

**Interventions:**

*Multi-sensory motor processing:*

- Tactile processing
- Movement processing
- Motor planning/body awareness
- Joint compression/heavy work
- Auditory/Visual processing
- Sequenced motor actions
- Attention
- Self-Regulation
- Sensory Defensiveness

*Fine Motor:*

- Grasp/Prehension
- Hand Dominance
- In-hand manipulation
- Speed/Dexterity
- Tool use
- Isolated control
- Bilateral integration
- Eye-hand coordination
- Handwriting

*Neurodevelopmental:*

- Postural control
- Play skills
- Reaching
- Range of Motion
- Strength
- Proximal Stability
- Modalities

*Self-Help/Self-Care:*

- Self-care
- Oral Motor
- Non-nutritive
- Nutritive
- Community Living Skills

*Adaptive Equipment:*

- Splinting/Orthotics
- Positioning/Seating
- Wheelchair training

*Other:*

*Visual:*

- Visual attention/focus/tracking
- Visual perception
- Visual motor integration

- Re-evaluation
- Caregiver/patient training
- Other-List:

**Patient/Caregiver Training:**

Training was given on: Review of activity plan for Haya's upcoming sessions; shared rationale for handling, sensory, and play activities presented today- to work on improving postural control, increase tolerance for sensory input, and improve developmental grasp and play abilities. Family was provided with input regarding Haya being fitted for a Benik splint and ordering/ approval process.

Through:

- Verbal instruction
- Handout
- Demonstration

Patient/Caregiver:

- Expressed verbal understanding
- Satisfactorily returned demonstration
- Initially expressed verbal understanding

GOALS	STATUS	% MET
<b>Long Term #1: Improve overall postural control and developmental positioning.</b>		
<b>Objective:</b> Haya will tolerate positioning in quadruped for at least 20 seconds with supervision provided only while participating in developmental play activities.	O	25%
<b>Objective:</b> Haya will actively reach for a toy/ food out of her base of support (approximately 10 inches or 1 foot away from her body) x3 without loss of balance noted.	O	75%
<ul style="list-style-type: none"> <li>• <b>Progress Towards Goal:</b> When presented to OT, Haya expressed distress and increased crying was noted. Haya was provided with deep pressure and vestibular input via platform swing, becoming easily calmed by therapist. Total assistance was provided for all ambulation and transitions for standing to sitting/ laying in various positions. Haya was unable to tolerate quadruped positioning, requiring maximal assistance and the use of a platform swing in order to promote weight bearing of bilateral upper extremities in bilateral elbow extension. When sitting upright within the swing, Haya required close supervision/ minimal assistance to maintain positioning. Hand-over-hand assistance was providing to reach for ropes of the swing; however, spontaneous self propulsion of the swing was noted throughout the session. During play tasks, Haya was observed reaching out of her base of support to grab food items/ toy approximately 8 inches from her body without loss of balance noted.</li> </ul>		

<b>Long Term #2: Improve overall Activities of Daily Living</b>		
<b>Objective:</b> Haya will demonstrate self-feeding of a pureed snack (approximately 3 ounces) with an adaptive spoon with minimal assistance provided.	N/A	N/A
<ul style="list-style-type: none"> <li><b>Progress Toward Goal:</b> ADL goals were addressed indirectly throughout today's session; however, during basic self feeding of finger foods (i.e., crackers, gummy snacks, etc.) Haya was noted to demonstrate a normal chewing pattern. However, while eating, Haya was noted to place food within her mouth using a gross release against her lips.</li> </ul>		
<b>Long Term #3: Improve bilateral upper extremity functioning.</b>		
<b>Objective:</b> Haya will maintain grasp of an object/ toy for approximately 5-10 seconds without spontaneous release and physical assistance provided.	O	50%
<b>Objective:</b> Haya will bring her bilateral upper extremities to midline x4 (banging toys, clapping) during 1 session.	O	75%
<b>Objective:</b> Haya will demonstrate reaching for a toy/ object with approximately 60 degrees of shoulder flexion or more x2 during 1 OT session.	O	25%
<ul style="list-style-type: none"> <li><b>Progress Towards Goal:</b> During today's session, Haya demonstrated increased bilateral upper extremity skills throughout the session. Spontaneous reaching was noted throughout the session during developmental play activities. During sensory tasks, Haya was noted to bring both hands to midline x3 with tactile input provided (i.e., shaving cream) before automatically bring objects to her mouth. During a snack, Haya was noted to demonstrate a spontaneous inferior pincer grasp x2 to grab food; however, primarily used a lateral grasp with a physical cue in order to self-feed. No further spontaneous upper extremity movement was noted without physical intervention required, as hand-over-hand assistance was provided to demonstrate in-hand rotation (i.e., use of circular movement between palms) of a ball of playdough and to "color" on a piece of paper with large pre-school markers.</li> </ul>		
<p><b>Summary/ Assessment:</b> Five out of six objectives continue to be addressed during today's outpatient appointment. Although she was unhappy when first presented to the therapy session, Haya became playful and participated within 100% of all activities. Throughout the session, Haya demonstrated increased bilateral upper extremity functioning and reach with physical prompts provided. Haya continues to demonstrate interest in various toys and activities performed during the session, visibly calming with sensory input provided at her upper extremities and benefitting from consistent sensory</p>		

input in order to promote improved bilateral upper extremity functioning and grasp. Haya continues to benefit from outpatient OT to improve the areas upon which goals are focused.

**Recommendations/ Plan:** Continue weekly outpatient OT to address impairments reported within this visit summary note, with additional objectives being developed over the next week. Additional goal for improving self-care skills including doffing of socks and improving grasping patterns continues to be recommended. Next visit: Appt. will be coordinated for Tuesday 7/24/08 with Jennifer Vance, MOTR/L, at 2:30pm for 60-minute time period.

**STATUS KEY A: Achieved O: Ongoing E: Emerging D: Discontinued NA: Not addressed**

**Signature:** This visit note was electronically signed by Jennifer Vance, MOTR/L  
State License # 05831  
Date: 07/28/2008 at 7:55 PM